

# Camp Kodankan North Children's Week



**American Judo and  
Jujitsu Federation**

## July 18-24, 2010

### A full week for \$350

[www.nemurikuma.com](http://www.nemurikuma.com)



**Jujitsu Lessons with  
Great Instructors**



**Games**



**River Swimming**



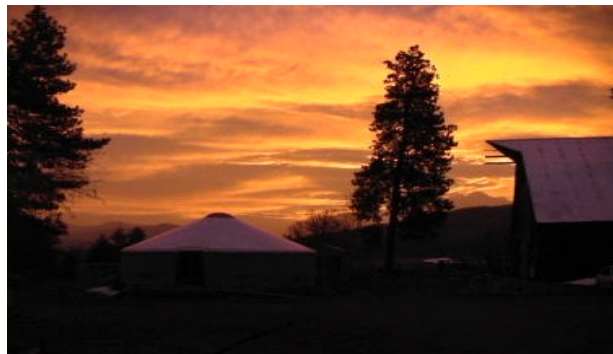
**Great Food &  
Much More**



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## Kids' Camp 2010

- **Martial arts practice** combined with summer camp fun in the high mountains near the Oregon border.
- **Training** is scheduled for the mornings and evenings with quieter activities such as Skit practice, Kanji lessons, Archery, etc. offered in the afternoons.
- **Swimming** is offered every afternoon and every camper is skill tested and paired with a "Swim Buddy". Safety is always stressed.



- **Prof Tom Ball** is the second highest ranking member of the AJJF. He and his wife, Jan, have hosted KDK camps since 1975 and are both teachers with 30 years experience.
- **Instructors** are AJJF black belts with previous experience in instruction and children's' camps. Counselors are senior ranked students approved by their sensei.
- **Campers** must be AJJF members who are aged 8 to 17 and have had four months of Jujitsu training. A solid foundation of how to roll and fall insures full participation.

## Sign Up Form

AJJF membership is required to participate

Child's Name

Child's Age and Sex

Parent's Name

Address

Phone

E-Mail Address

Name of Dojo

Name of Sensei

T-Shirt Size: Child's Small, Medium or Adult Small

Detach and Return Registration Form

### Send Registration

Make cheques payable to :The AJJF  
And send to: Nemuri Kuma Jujitsu  
3127 Eastern Avenue  
Sacramento CA 95821  
Phone: 916-300-5257

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- Total cost of attending camp is **\$350.00**
- A deposit of **\$50.00** is due by **30 June 2010** and will reserve a space for your child. This deposit is **not** refundable.
- Applications received after the **30th** will be attached a **late fee of \$50.00**.
- Make cheques payable to "The AJJF" and post this registration form to:  
Nemuri Kuma Jujitsu  
3127 Eastern Avenue  
Sacramento CA 95821
- The **balance of \$300** is due before the beginning of camp and is refundable should cancellation be necessary. A full waiver form and directions will be sent after deposit is received.
- Transportation to and from camp must be arranged by parents.
- Questions answered by Sensei Larry Carter by phone at 916-300-5257 or email at [sensei@nemurikuma.com](mailto:sensei@nemurikuma.com)

## Kids' Camp 2010 Camp Check List

- \_\_\_ Judo gi (of course)
- \_\_\_ Sleeping bag & pillow
- \_\_\_ Small water bottle (500mL)
- \_\_\_ Shade Hat (Wide brim)
- \_\_\_ Sunscreen (15+ SPF)
- \_\_\_ Writing material & clipboard
- \_\_\_ Camera, books, small games
- \_\_\_ Flashlight
- \_\_\_ Fishing pole (optional)
- \_\_\_ Insect repellent
- \_\_\_ Bath towel & washcloth
- \_\_\_ Swim suit & beach towel
- \_\_\_ Lip balm (like Chapstick)
- \_\_\_ Hand lotion
- \_\_\_ Sunglasses
- \_\_\_ Underwear and socks
- \_\_\_ Toilet articles & laundry bag
- \_\_\_ Old clothes for hiking
- \_\_\_ Tennis shoes
- \_\_\_ flip/flops /Creek Shoes
- \_\_\_ Self-addressed letter/postcard
- \_\_\_ Pillow (Did I mention this already?)