

AJJF Sanctioned Kata Contest Saturday 20 February 2010

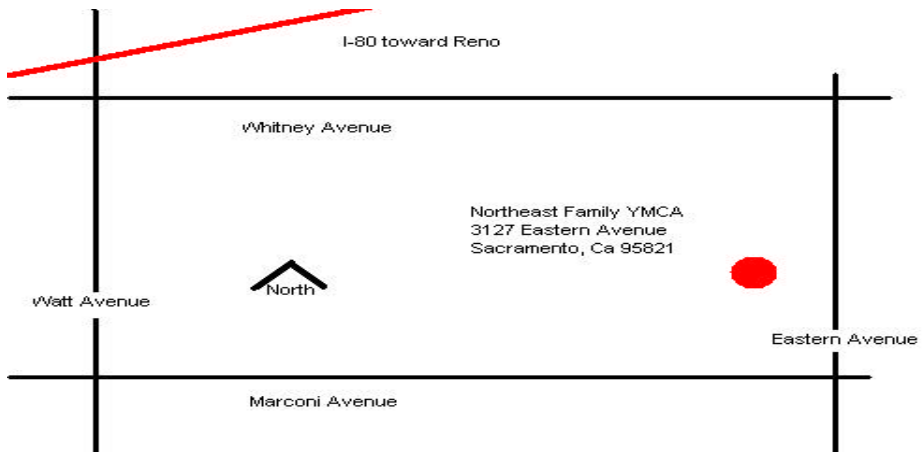
Current AJJF Membership Required

Children's Division

Beginner-Required Arts	Intermediate-Required Arts	Advanced-Required Arts
1 Judo Roll	1 No-hands Straight-over Sutemi	1 No-hands Straight-over Sutemi
2 Fish Flop	2 Back Fall	2 Akushu Kote Maki Tori
3 Side Fall	3 Katate Hazushi Ni	3 Seoi Nage
4 Momiji Hazushi	4 Deashi Harai	4 Utsuri Goshi
5 O Soto Gake (Heel-to-heel trip)	5 Seoi Goshi	5 Hane Goshi
Three Electives	Three Electives	Three Electives
Combative Sequence-Optional	Combative sequence-Optional	Combative Sequence-Required
Age Categories:	Age Categories:	Age Categories:
5-6 7-8 9-10 11-12	5-6 7-8 9-10 11-12	6-7 8-9 10-11 12-13

Youth & Adult Division

White Belts-Required Arts	Green Belts-Required Arts	Black Belts-Required Arts
1 Morote Hazushi	1 Momiji Hazushi	1 Yawara Combination
2 Tekubi Tori Ichi	2 Harai Goshi	2 Nage Te - From Yawara
3 Yama Arashi	3 Maki Komi	3 Shime Te
4 Uchi Gama	4 Eri Katame	4 Oku No Te
5 Ogoshi	5 Daki Kubi Shime	5 Shinin No Maki
Three Electives	Three Electives	Three Additional Electives
Combative Sequence	Combative Sequence	Combative Sequence
Minimum five arts using three of the eight demonstrated	Minimum five arts using three of the eight demonstrated	Minimum five arts using three of the eight demonstrated
Blue Belts-Required Arts	Brown Belts-Required Arts	
1 Katate Hazushi Ichi	1 Katate Tori Ichi	
2 Akushu Kote Maki Tori	2 Hane Goshi	
3 Soto Gama	3 Okuri Harai	
4 Seoi Goshi	4 Maeyamakage	
5 Uki Otoshi	5 Tekubi Shigarami	
Three Electives	Three Electives	
Combative Sequence	Combative Sequence	
Minimum five arts using three of the eight demonstrated	Minimum five arts using three of the eight demonstrated	



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